

Sample Preschool Special Education Schedule

Time	Activity	Details
8:30 - 9:00 am	Arrival and Morning Routine	<ul style="list-style-type: none"> • Individual greetings with visual schedule review • Self-help skills practice (hanging up backpack, washing hands) • Sensory regulation activities as needed
9:00 - 9:20 am	Morning Circle Time	<ul style="list-style-type: none"> • Hello song with movement • Calendar and weather discussion • Review of daily visual schedule • Social skills practice through greetings and sharing
9:20 - 10:00 am	Centers/Goal Work	<ul style="list-style-type: none"> • Structured play centers with embedded learning goals • 1:1 or small group instruction as needed • Peer interaction opportunities • Fine motor skill development activities
10:00 - 10:15 am	Snack Time	<ul style="list-style-type: none"> • Nutrition • Functional communication practice • Self-help skills reinforcement
10:15 - 10:45 am	Gross Motor/Movement	<ul style="list-style-type: none"> • Outdoor play when weather permits • Indoor movement activities • Balance and coordination exercises • Following multi-step directions through movement games
10:45 - 11:15 am	Small Groups/Therapy	<ul style="list-style-type: none"> • Academic readiness skills • Speech and language goals • Pre-literacy and pre-math concepts • Turn-taking and following group rules
11:15 - 11:45 am	Art/Sensory Exploration	<ul style="list-style-type: none"> • Fine motor skill development • Creative expression opportunities • Sensory processing activities • Following directions and completing tasks
11:45 - 12:15 pm	Story Time/Music	<ul style="list-style-type: none"> • Language development through books and music • Listening skills and attention building
12:15 - 12:30 pm	Departure	<ul style="list-style-type: none"> • Gathering belongings • Review of home communication • Positive closure to the day • Individual goodbyes